

**MEDIA  
KIT**

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Curry*

**KEYNOTE  
SPEAKER**

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KEYNOTE SPEAKER

# WHO AM I



As a seasoned Business and Life Transformation Coach with five years of dedicated experience, I specialize in guiding individuals through the complexities of stress management and mindset transformation.

My approach is tailored to each client, focusing on cultivating resilience, fostering a positive outlook, and developing strategies to navigate life's challenges effectively. My expertise lies in identifying and addressing the root causes of stress, enabling clients to achieve a balanced and fulfilling life.

With a track record of helping numerous clients, I offer a compassionate, insightful, and empowering coaching experience that leads to profound personal and professional growth.



## ORGANIZATIONS



South Dade Connections  
Connections for a Greater Good

